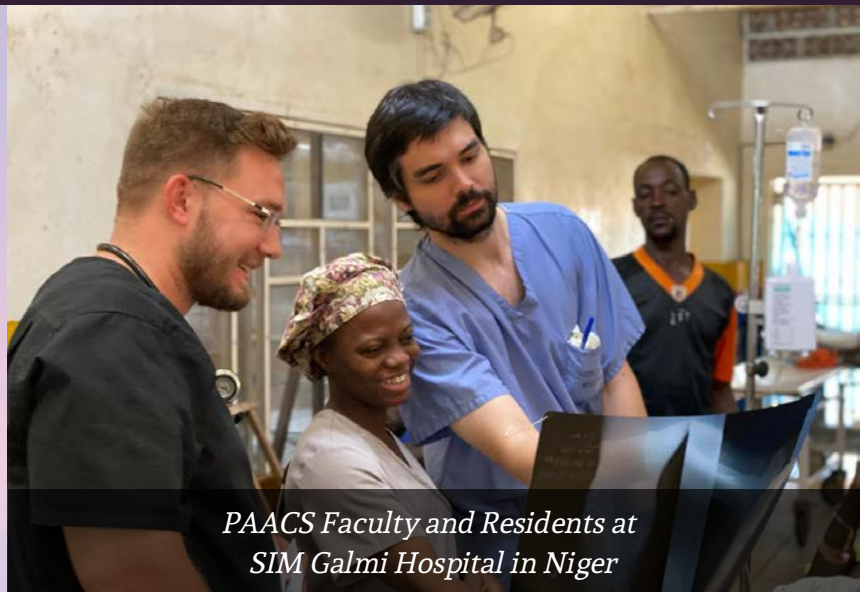




THE PAACS BULLETIN

Monthly Newsletter
Issue #218
September 2022



*PAACS Faculty and Residents at
SIM Galmi Hospital in Niger*



*Anesthesiology Training at
AIC Kijabe Hospital in Kenya*



*Two New Residents at the New General Surgery
Program at Kibuye Hope Hospital in Burundi*

In This Issue of the Bulletin

- **From the Desk of the CEO**
- **New Program at Kibuye Hope Hospital in Burundi**
- **Interview with Dr. Yakoubou Sanoussi**
- **Anesthesiology Program Update**
- **Good News to Share**
 - **Board of Directors Meeting**
 - **In the Spotlight**
- **Tarpisms to Live By, Volume 3**
- **Global Day of Fasting and Prayer**
- **PAACS Daily Prayer Guide**
- **Prayer Requests**
- **Articles on Surgery**

From the Desk of the CEO

Dear PAACS Family,

“Prayers outlive the lives of those who uttered them; outlive a generation, outlive an age, outlive a world.” – E.M. Bounds

Prayer is not limited by time, nor do prayers have an expiration date. Prayers are never forgotten by an infinite and faithful God who moves outside of time. Our prayers outlive us. When we pray for our families, children, communities, and this world, God forever remembers these utterances. The prayers spoken in a moment of time live on for eternity. God will use them powerfully for change, His purposes, and for the good of His people, now, as well as for generations and ages to come.

I believe the prayers uttered several decades ago by PAACS Founder Dr. David Thompson and others continue to impact Africa today. Their prayers have accumulated. They continue. God has not forgotten these heartfelt cries. Every prayer lives on, and PAACS is experiencing the fruit of these prayers days, months, years, and decades later.

Prayer is critical to PAACS, and we have made it the center of our ministry. As such, we develop an annual prayer guide with the prayer requests of our many residents, faculty, graduates, and the ministry. I hope you received the most recent [PAACS Daily Prayer Guide](#). As you pray through this booklet, your prayers will live on, not just for that moment, but throughout the ages as a blessing. You may also read this booklet online.

We also ask that you join us for our [Global Day of Prayer](#) on Monday, October 10th. These prayers uttered before God in agreement with other believers will continue in time and will bless and impact the lives of many. Please register and join us on October 10th to pray for the PAACS ministry. Thank you for every prayer that you have prayed on behalf of this ministry. It has truly blessed us and will continue to do so in the future.

Blessings,

Susan Koshy, JD, MPH
Chief Executive Officer
Pan-African Academy of Christian Surgeons (PAACS)



*Susan Koshy, JD, MPH
Chief Executive Officer*

PAACS Program Updates

*Keir Thelander, MD
Executive Vice President*



Senior Trainee Conference

For the first time in our history, PAACS will be hosting a senior trainee conference for all those in their last two years of PAACS training. We expect over 40 trainees coming together from October 2nd through October 8th. The goals of the conference include preparing our upcoming graduates for their future surgical careers in the domains of leadership, administration, and transitioning from training to practice, while hearing from the word regarding 2nd Timothy.

Prayers are appreciated for the travel, health, and effectiveness of all attendees.

New Program at Kibuye Hope Hospital in Burundi

After several years of planning and praying, the PAACS General Surgery Program at Kibuye Hope Hospital in Burundi began September 12th! Join us in praising God for answered prayers and an open door into Burundi, the tenth country with a PAACS program. Congratulations to the faculty and new residents at Kibuye Hope Hospital.

New Residents

Dr. Raoul Mbango

"I chose medicine because, as a doctor, my help will be limited to not only my country but wherever there is a need. I have seen surgery give hope to desperate patients, and it was a big blessing to me to see thankfulness on their faces. It is with this in mind that I am committed to do my best to contribute to the field of surgery. The PAACS program will equip me to treat patients and share the gospel with them through surgery."



Dr. Alain Nishimwe

"During my internship at Kibuye Hope Hospital, I received many referred patients who were suffering from complications after surgery done by an inadequately trained clinician. Some of them survived, but many of them died. I also took care of many newborns who travelled a long way with one or multiple malformations and who greatly benefited from surgical intervention."

"I chose PAACS in order to learn surgery well and be able to go to less privileged areas to save lives, glorifying the Lord while practicing surgery and showing Jesus Christ's love to them."





Interview with Dr. Yakoubou Sanoussi Director of SIM Galmi Hospital in Niger

David Thompson, MD
PAACS Founder

How are you and your family?

We are thanking God for giving us the strength and good health to thrive in the midst of challenges in the hospital. We are empty nesters now. Our three boys are well; the youngest left for University in July.

Are you the Program Director?

I was the Program Director for many years, but now I've handed over this responsibility to Dr. Katherine. She is doing a great job with the residents. I'm still teaching once a week in the outpatient clinic and the theater.

Who is the faculty?

The Program has now four full-time faculty: Dr. Katherine, Dr. Andrew Avery, Dr. Andrew Chew (visiting for six months), and Dr. Yves Mpongo. Dr. Chew graciously agreed to help with the transition process at the hospital. I'm also available when residents or faculty need input.

How many surgeries does SIM Galmi Hospital perform?

The hospital performs 4,500-5,000 surgeries a year.

How is security & transportation?

Galmi is a secure mission field. We have not received any threats. The people we serve understand why we are here and would rather protect us. There are some travel restrictions in the western and eastern parts of the country, but this is far away from us.

SIM has two small airplanes available two-three times per week to transport people from Niamey to Galmi. The road from Niamey to Galmi is fifty percent complete. The work is expected to finish at the end of this year.

What is the next project?

Construction of the pediatric ward (medical, surgical, and ICU). This will improve our pediatric care and free up about 30% of surgical beds. We are also expanding our theater to go from five to seven operating tables.



Interested in serving as short
term faculty for PAACS?
[Click here!](#)



Anesthesiology Program Update

Matt Kynes, MD

Program Director for Anesthesiology Program at Kijabe Hospital, Kenya

The PAACS Anesthesiology program at AIC Kijabe Hospital launched in January 2022 as the first Kenyan training program under the College of Anesthesiologists of East, Central, and Southern Africa (CANECSA). Like the surgical equivalent COSECSA, CANECSA is tasked with accrediting training programs and certifying graduates in the ECSA region. Because of the academic and administrative support that PAACS provides and the educational focus that exists at Kijabe, our program has been able to help guide and support other CANECSA programs in Kenya. In July, our anesthesiology faculty and simulation team hosted a CANECSA anesthesia simulation workshop for residents from the three CANECSA programs. Following this workshop, we provided a week-long simulation trainer course for a faculty member at another training program. Finally, responding to the need for shared teaching across our programs, we have also organized an interactive Zoom 'bootcamp' lecture series for beginning residents three times a week for the first two months of the training programs and are continuing with regular shared teaching among our trainees.

We believe that the success of CANECSA training in Kenya and in the region is vital to meeting the need for qualified anesthesiologists. We also believe that taking an active role in engaging with residents and faculty from other programs provides a great opportunity for ministry, collaboration, and mutual support. We are grateful for the resources that God has provided to us and glad for the opportunity to share them for the benefit of patients and to expand compassionate healthcare in Kenya.



World Anesthesia Day - October 16th
Commemorating the birth of anesthesia on October 16, 1846





Board of Directors Meeting

The PAACS Board of Directors Meeting will take place on October 28th in the Chicago area. Please email emily.dennison@paacs.net if you would like to attend.



In the Spotlight

PAACS is making a new video with David Uttley from compellingstory.org. They will be shooting footage in Malawi at Nkhoma Mission Hospital and Malamulo Adventist Hospital.



TARPISMS TO LIVE BY, VOLUME 3

*John Tarpley, MD
Academic Dean*

As surgeons, we are often required to make decisions quickly when presented with patients in emergent and life-threatening situations. At other times, it is prudent not to react with what I jokingly refer to as a “kneeflex rejerk.” Ideally, seek to respond rather than to react. Such is true in conversation or a meeting as well as in the casualty department, a trauma alert, or an ICU challenge.

Continuing the tact of mentioning tarpisms, aphorisms, proverbs, quotations, and verses from a variety of sources, I offer these for your consideration this month:

The injunction to think before you act is addressed by Jesus regarding building a tower or waging war as recorded in Luke 14:28-32.

TAILORS ADVISE: “MEASURE TWICE: CUT ONCE.”

For those who sew clothing as well as for surgeons: “A stitch in time saves nine.”

“It is easier to stay out of trouble than to get out of trouble.”

“Look before you leap.”

“You got to stop and think before you fall in love.”

A WORD SPOKEN IN HASTE IS LIKE AN ARROW SHOT INTO THE AIR, (NIGH) IMPOSSIBLE TO RETRIEVE.

A parent’s entreaty and advice: “Think before you speak.”

Earlier in my life, instead of listening closely to what a colleague was saying, I was already crafting my response. I did not listen closely. I did not reflect. I often interrupted and countered without allowing the other to even complete the sentence, thought, or paragraph. As I aged, I sought not to see conversation as a jousting exercise. I now try to listen, reflect, not interrupt, and then after a few breaths, reply. See Proverbs 18:13.

The following comments are taken from Kay Lindahl’s *The Sacred Art of Listening: Forty Reflections for Cultivating a Spiritual Practice*:

- Perhaps one of the most precious and powerful gifts we can give another person is to really listen to them, to listen with quiet, fascinated attention, with our whole being, fully present.
- Listening well takes time, skill, and a readiness to slow down, to let go of expectations, judgments, boredom, self-assertiveness, defensiveness.
- Three qualities that are essential to this deep listening context are silence, reflection, and presence.
- Silence creates the space for listening.
- Take a few breaths before responding to a situation, question, or comment.

Join us for the next

Global Day of Fasting and Prayer

Monday, October 10th

Two identical online prayer gatherings are being planned to meet everyone's schedule.

Learn More and Register

PRAYER GATHERING #1

US and Canada:

Eastern Time - Mon, Oct 10, 2022 at 1:00 pm ET
Central Time - Mon, Oct 10, 2022 at 12:00 noon CT
Mountain Time - Mon, Oct 10, 2022 at 11:00 am MT
Pacific Time - Mon, Oct 10, 2022 at 10:00 am PT

Africa:

Eastern Africa Time - Mon, Oct 10, 2022 at 8:00 pm EAT
Central Africa Time - Mon, Oct 10, 2022 at 7:00 pm CAT
West Africa Time - Mon, Oct 10, 2022 at 6:00 pm WAT

PRAYER GATHERING #2

US and Canada:

Eastern Time - Mon, Oct 10, 2022 at 8:00 pm ET
Central Time - Mon, Oct 10, 2022 at 7:00 pm CT
Mountain Time - Mon, Oct 10, 2022 at 6:00 pm MT
Pacific Time - Mon, Oct 10, 2022 at 5:00 pm PT

Africa:

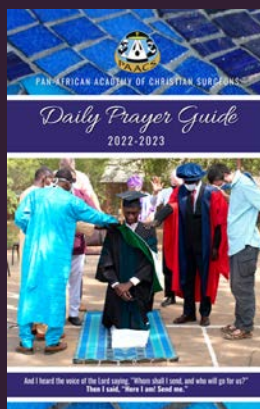
Eastern Africa Time - Tue, Oct 11, 2022 at 3:00 am EAT
Central Africa Time - Tue, Oct 11, 2022 at 2:00 am CAT
West Africa Time - Tue, Oct 11, 2022 at 1:00 am WAT

Prayer Points

- Praise to God for His sustaining grace and provisions for the ministries of PAACS.
- Praise for the official launch of the PAACS program at Kibuye Hope Hospital in Burundi.
- Please pray for the various Spiritual Retreats held at each PAACS location for the coming year.
(Fall of 2022: HVMM, Nkhoma, Malamulo, Arusha...)
- Pray for the peace of Christ to rule in the hearts of every PAACS' participant.
- Pray for God's leadership and the upcoming PAACS October Board Meeting.
- May God sustain, protect, and provide His grace to all PAACS residents, faculty, and their families.
- May the Lord grant success to all the PAACS residents and may He use them mightily to serve Him.
- May the Lord bless all the PAACS graduates and help them and their families as they serve God. May He provide for them and keep them in good health. May the Lord provide for the education of their children.
- Pray for God's blessing upon the evangelism training through the "Saline Process" training seminars being conducted this fall.
- May God supernaturally and abundantly provide financially for the needs of the PAACS ministry. May there be no lack, but rather abundance for the will and work of God.

The PAACS Daily Prayer Guide is now available ONLINE

Please use this resource to guide your prayers for PAACS as we launch into another year of service for the Kingdom of God.



PRAYER REQUESTS

- Prayers are appreciated for the travel, health, and effectiveness of all attendees of the Senior Trainee Conference.
- Pray that God will lay the need for short-term surgeons to assist the programs on the hearts of those who are willing to respond.
- Pray for peace and stability in the countries with PAACS programs, especially for the ongoing tribal unrest and famine in Ethiopia and the recurrent civil unrest in Cameroon.
- Pray for the continued rollout of the Saline Process throughout all the PAACS training sites.
- Pray for the upcoming PAACS Fall Board of Directors meeting in October. May God grant the board wisdom and guidance in decision making.
- Pray that PAACS will glorify God and be used to impact Africa for His Kingdom. Pray that many lives will be saved through surgery and many people will come to know the love of Jesus.
- Pray for PAACS graduates that are serving God's people. Pray for God's grace, protection, provision, strength, and blessings to cover the PAACS graduates.

SIM Galmi Hospital in Niger:

- Pray for balance between workload and academic teaching.
- Pray for faculty, especially an orthopaedic surgeon.
- Pray for physicians to help on the medical side.
- Pray for a biomedical engineer or technician.
- Pray for more support through our benevolent fund to help us be a financially healthy institution.



ARTICLES ON SURGERY

Compiled by Margaret Tarpley

- [Spirituality in Serious Illness and Health](#)
- [Misinterpretation of Surgeons' Statements on Cancer Removal—The Adverse Effects of “We Got It All”](#)
- [A Randomized Trial of Enteral Glutamine for Treatment of Burn Injuries](#)
- [Moral Injury: The Emotional Impact of Complications](#)
- [Failure and Rescue in Surgery—Surgical Covenant, Palliative Care, and Reimagining Quality](#)
- [Protocol for a Global Burns Research Priority Setting Partnership to agree the most important unanswered questions in international burns care](#)
- [ShangRing versus Mogen clamp for early infant male circumcision in eastern sub-Saharan Africa: a multicentre, non-inferiority, adaptive, randomized controlled trial](#)
- [Antenatal dexamethasone for improving preterm newborn outcomes in low-resource countries: a cost-effectiveness analysis of the WHO ACTION-I trial](#)
- [The costs of complications after emergency gastrointestinal surgery in Kenya](#)
- [Cash Transfers may Increase the No-show Rate for Surgical Patients in Low-resource Settings: A Randomized Controlled Trial](#)
- [Three Observations for Improving Efforts in Surgical Quality Improvement](#)
- [Corticosteroids to safely reduce neonatal respiratory morbidity after late preterm and term planned caesarean section birth? A randomized placebo-controlled feasibility study](#)
- [Troubleshooting obstetric spinal anesthesia at district hospital level](#)
- [Open hemorrhoidectomy under local anesthesia versus saddle block in western Uganda: a study protocol for a prospective equivalence randomized, double-blind controlled trial](#)