

## THE PAACS BULLETIN

Monthly Newsletter Issue #231 October 2023



The PAACS Anesthesia Program at AIC Kijabe Hospital



PAACS Galmi Resident Dr. Aime Mugisha and his wife Dr. Irivuzimana Edvaline



Soddo Program Director Dr. Tim Love, PAACS CEO Susan Koshy, and Soddo Assistant Program Director Dr. Gezahegn Tilahun at the PAACS Fall 2023 Conference

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#### PAN-AFRICAN ACADEMY OF CHRISTIAN SURGEONS

# PAACS MISSION

PAACS' mission is to glorify God by training and discipling African surgeons and related specialists to become Christ-like leaders and servants providing excellent and compassionate care to those most in need.

# PAACS VISION

PAACS envisions a growing number of African surgeons and related specialists living out the Gospel and ministering to the sick.

# FROM THE DESK OF THE CEO

#### Dear PAACS Family,

This past month has been very busy for PAACS. October was full of many extraordinary events, and I am eager to share a few special moments with you.

We recently held our Faculty Development Conference in Kenya from October 1-7. Twenty-eight faculty were in attendance along with another thirteen attendees comprised of speakers and PAACS administration. This conference included COSECSA-Train the Trainers sessions along with numerous other workshops. The passion and dedication of our faculty members are truly inspiring, and we look forward to their continued growth and mentorship of our residents in this coming year.

In addition, our PAACS Alumni Travel Fellow, Dr. Jack Barasa, embarked on a remarkable journey here in the US. Dr. Barasa engaged in educational pursuits at renowned hospitals, gaining invaluable insights and experiences that will undoubtedly shape his career and contribute to continued success in caring for his patients. He also attended the PAACS Conference and numerous fundraising events, forging connections and helping to garner support for this ministry.

In this new fiscal year our fundraising budget has increased \$800,000. We have been pursuing many new ideas and events to raise these additional funds. In October alone, we completed ten fundraising events in five different states.

Lastly, I am thrilled to announce the success of the PAACS Conference held in Chicago. This event, formerly known as our Board of Directors meeting, reflects our commitment to inclusivity, transparency, solid governance, and collaboration. It was a wonderful time in which we came together to discuss current programs, goals, accomplishments, and chart the course for the future of PAACS.

As we look back on these achievements and look forward to what November has in store, it is clear that God is blessing this ministry. He has allowed us to witness the meaningful impact that is happening across Africa, fueled by the enthusiasm and dedication of the entire PAACS family. In the weeks ahead, let us carry this excitement forward, infusing it into every task, project, and interaction.

Blessings,

Susan A. Koshy, JD, MPH Chief Executive Officer Pan-African Academy of Christian Surgeons (PAACS) Soddo Program Director Dr. Tim Love, PAACS CEO Susan Koshy, and Soddo Assistant Program Director Dr. Gezahegn Tilahun at the PAACS Fall 2023 Conference





Susan Koshy, JD, MPH Chief Executive Officer

### PAACS FALL 2023 CONFERENCE A Global Gathering

The PAACS Fall 2023 Conference was a remarkable event that brought together participants from around the world on Friday, October 13th, in Chicago. This hybrid meeting continues to be a truly global gathering. Eighty-five individuals attended in person and almost thirty guests attended virtually. It provided a unique opportunity for attendees to gain valuable insights into the inner workings of PAACS. We were honored to welcome both past and present faculty members, including two accomplished PAACS graduates, Dr. Jack Barasa and Dr. Gezahegne Tilahun.

The PAACS Conference -- previously designated as the Board of Directors Open Session -- was attended by members of the PAACS Board of Directors, leadership, faculty, partners, administration, and guests. It featured updates from many current programs and a noteworthy presentation on the upcoming program scheduled to begin in January at Centro Evangélico de Medicina do Lubango (CEML) in Angola. Former PAACS Program Director, Dr. Wendy Wilmore, shared her journey over the last year; and Dr. Beth Steubing spoke of her inspiring path which she started as missionary kid and has now become PAACS faculty.

Additionally, the conference featured special presentations by a few PAACS partners including Dr. Peter Sauders, CEO of ICMDA, Peter Lublink, Executive Director of BethanyKids, and Warren White, Chair of the Christian Healthcare Executive Collaborative (CHEC). We are thankful for the growing number of partnerships that have been created over the last 27 years since PAACS began.

Beyond programs and partners, five PAACS graduates presented including Dr. Chege Macharia, the Executive Director at AIC Kijabe Hospital. We also heard from Drs. Mugisha Nkoronko, Dieudonne Lemfuka, Jack Barasa, and Gezahegn Tilahun. The newly-formed Women in Surgery workgroup presented findings from their recent survey and chairs of all PAACS committees provided updates.

As with every conference, at the heart of the event we highlighted the significance of prayer in this ministry. It was woven throughout the entire meeting. Prayer provides a beautiful opportunity for those dedicated to our mission to come together, uniting before our God. We offered praise and thanks for all that He has accomplished through our programs, partners, and graduates.

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Dr. Jack Barasa, PAACS Travel Fellow



Dr. Beth Stuebing and Dr. Kayle Lee, PAACS Women in Surgery Workgroup



Dr. Samuel Thompson, Past Chair, Frances Thompson, and New Chair of the Board, Dr. Louis Pisters



Peter Lublink, BethanyKids CEO



Praying over the PAACS Administrative Staff

#### CONTINUED: PAACS FALL 2023 CONFERENCE A Global Gathering

On Saturday, a special session was held specifically for those interested in serving as a short- or long-term missionary for PAACS. The session included a panel to discuss some Do's and Don'ts and a discussion around spouses and family engagement. It concluded with discussions on how to become PAACS faculty and how to make an impact after a short-term mission trip.

The Closed Session of the Board of Directors meeting took place on Saturday and was attended by voting members of the PAACS Board of Directors, ex-officio members, and staff. During this session, the Board engaged in discussions covering a range of important topics. The FY 2022-2023 audit was presented and PAACS received a clean and unmodified report. The audit and current finances were approved by the Board of Directors. Other items discussed included a detailed review of the survey conducted by the Women in Surgery workgroup, an update on the strategic plan, reviews of new and future programs, and funding for specialty programs. Additionally, an election of open positions was held and the results are detailed below:

Chair – Dr. Louis Pisters Vice Chair – Dr. Mike Skinner Secretary – Dr. Emad Asham Member-at-Large – Dr. Kayle Lee and Dr. Mark Snell Community Representative – Mr. Ervin Barham Spiritual Representative – Dr. William Wilson

The residency councils nominated Dr. Randall Owen as the Representative for the Consortium of Fellowship Councils. However, the Representative for the Consortium of Residency Councils remains open.

The PAACS 2023 Fall Conference was a great success, and it demonstrated the commitment of PAACS to its mission of training and discipling African surgeons and related specialists to provide excellent care.



Please mark your calendars for the PAACS Spring 2024 Conference on April 11-13, 2024, in Chicago!



### **UPDATES FROM THE EXECUTIVE VICE PRESIDENT**

*Keir Thelander, MD Executive Vice President* 

### PAACS VISITS KAPSOWAR MISSION HOSPITAL

PAACS Spiritual Dean, Rev. Ed Scearce, Executive Vice President, Dr. Keir Thelander, former PAACS Program Director at Soddo Christian Hospital, Dr. Andrew Chew, and Dr. Sok Hui Chew visited Kapsowar Mission Hospital in Kenya at the end of September. The hospital was started in the 1930s and recently has grown to 130 beds with five surgeons working full time including Drs. Bill Rhodes, Patricia Chesang, Niles Batdorf, Celeste Adrian, and Zechariah Rhodes. Kapsowar CEO Stanley Mutwol envisions training and discipling surgeons from surrounding countries of great surgical need to return to their home locations. Please pray with PAACS and Kapsowar as we explore this partnership, targeting some of the greatest areas of surgical and spiritual need in Africa.



### PAACS VISITS THE UNIVERSITY FOR GLOBAL HEALTH EQUITY

At the request of the Dean of the University for Global Health Equity (UGHE), Dr. Abebe Bekele, and Head of Department of Surgery, Dr. Robert Riviello, PAACS Academic Dean, Dr. John Tarpley, Executive Vice President, Dr. Keir Thelander, and Drs. Sok Hui Chew and Andrew Chew arrived at UGHE's beautiful campus in northern Rwanda on October 8th to worship with some of the students. This endeavor has not yet graduated a medical student, but their vision to train for rural Rwanda and beyond for those with the greatest need resonates with PAACS' mission. This potential collaboration would include Kibogora Mission Hospital, represented in the meetings by PAACS Graduate Dr. Ronald Tubasiime, Butaro District Hospital, PAACS, and UGHE. We ask for prayers as we explore implementing a PAACS program with multiple collaborations in Rwanda, a new country for PAACS.





#### PAACS PROFESSIONAL DEVELOPMENT CONFERENCE IN KENYA

*James Smith, MD PAACS Professional Development Committee* 

PAACS sponsored its Professional Development Conference from October 1-7, 2023, at the Brackenhurst Conference Center in Limuru, Kenya. The conference had 28 faculty members present.

Each day started with worship led by Dr. Rich Davis (Kijabe) and a message by Rev. Ed



Scearce on spiritual leadership. These were followed by four 1.5-hour sessions daily on a variety of topics to help faculty become better teachers. The PAACS conference teaching faculty included Rev. Ed Scearce, Dr. Tom Robey, Dr. John Tarpley, Margaret Tarpley, MLS, Dr. Andrea Parker, Dr. Carl Haisch, Dr. Andrew Chew (Australia), and Dr. Jim Smith.

Dr. Tom Robey and Rev. Ed Scearce coordinated two sessions on a "Christ-Centered Surgical Training" and "Conflict Management in a Christ-Like Manner." Dr. Andrea Parker gave a talk on how to use "Artificial Intelligence in Surgical Education," which was new to most of us and has the potential of being a real-time saver for faculty. Dr. Carl Haisch introduced the topic of "Entrustable Professional Activities (EPAs)," which was recently introduced by the American College of Surgeons for American surgical training programs.

On Thursday and Friday, Dr. Wairimu Ndegwa (PAACS graduate) and Dr. Rich Davis ran the COSECSA Train The Trainers (TTT) program so that our faculty can be accredited TTTs, which COSECSA is requiring for surgical faculty.

Attendees appreciated the spiritual emphasis in several sessions, as it is what makes a PAACS surgical training program unique because it places equal emphasis on the academic and spiritual curriculum of its programs. They also appreciated the practical teaching which would help them move their training program forward and they would be able to apply what they learned in their home training programs.







## **ANESTHESIA PROGRAM UPDATE**

Gregory Sund, MD Assistant Program Director, AIC Kijabe Hospital

In January 2022, PAACS launched its first program to train anesthesiologists, recognizing that you cannot have safe surgery without safe anesthesia. Dr. Rebecca Dufe and Dr. Eunice Kageha (both from Kenya) are now finishing their second year out of four years of training in anesthesia and critical care at AIC Kijabe Hospital. Both have grown tremendously as physicians specializing in perioperative care. In January 2023, two more residents began the anesthesiology residency program, Dr. Cynthia Achola (Kenya) and Dr. Betelhem Belda (Ethiopia). And in January 2024, we will welcome Dr. Alemi Mastaki (DRC) and Dr. Christelle Gbiatene (DRC/SIM missionary to Liberia) as our third class of residents.

The PAACS anesthesiology residency program is accredited by CANECSA (the College of Anaesthesiologists of East, Central and Southern Africa). Similar to COSECSA, this college divides training into two MCA (Membership of the College of Anaesthesiologists) years followed by two FCA (Fellowship of the College of Anaesthesiologists) years. We are delighted that both Dr. Dufe and Dr. Eunice have passed their written MCA exams and are preparing to take their oral exams next month. The Kijabe anesthesiology program has become a hub for CANECSA programs across Kenya, hosting weekly lectures and case conferences, simulation trainings and most recently a two-day workshop focusing on point-of-care ultrasound.

The AIC Kijabe anesthesiology residency program involves not just training in anesthesiology, but also training in critical care, advanced airway management, regional anesthesia, point-of-care ultrasound, research, and leadership development, in addition to spiritual discipleship. We believe these graduates will greatly advance the field of anesthesia and critical care across Africa and will be leaders in perioperative medicine, improving the safety of anesthesia in Africa while spreading the Gospel of Jesus Christ. We look forward to seeing what God has in store for each one of these outstanding physicians.



Dr. Gregory Sund, Assistant Program Director, Dr. Rebecca Dufe, Second Year Resident, Dr. Eunice Kageha, Second Year Resident, Dr. Cynthia Achola Odhiambo, First Year Resident, Dr. Betelham Belda, First Year Resident, Dr. Matthew Kynes, Program Director



## **RESIDENT PROFILE**

#### **DR. ABRAHAM FAYA CAMARA**

General Surgery Resident Bongolo Hospital Gabon

Dr. Abraham Faya Camara's journey began with a simple yet profound desire to serve God. Uncertain about the path he should take, he waited for a sign. That sign arrived in the form of Hope Medical Center in Guinea calling him to fill their need for a doctor. It was there that he realized this was precisely where God needed him.

At Hope Medical Center there is currently only one trained surgeon, PAACS graduate, Dr. Jean Faya Yaradouno. The hospital quickly recognized an urgent need for a second surgeon due to the climbing caseloads from the surrounding community, including bordering countries. Dr. Camara soon emerged as their answer. The team shared more about PAACS with him and said, "That second surgeon is you, Abraham. We want you to go and study with PAACS." He replied, "I'm ready."

Now a fourth-year resident at Bongolo Hospital in Gabon, Dr. Camara's greatest joy lies in preaching the gospel to the patients entrusted to his care. He vividly recalls the days when he struggled to find the courage to talk about Christ to people, wondering how many lives he would be able to reach with the Good News. However, through PAACS and the unwavering support of Hope Medical Center, Dr. Camara has found his voice. Every patient in Dr. Camara's care, irrespective of their background or beliefs, is introduced to the gospel. His mission is unwavering: to ensure that every individual, from the clinic to the operating table, to the recovery room, hears about Jesus Christ. Dr. Camara acknowledges to his patients that he himself is a sinner, but willingly shares of the grace he has received from Jesus. That same grace is available to all who believe in Him and accept Jesus Christ as their Savior.

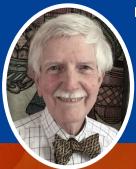
As Dr. Camara approaches the final year of his training, he eagerly anticipates returning to Guinea to serve alongside Dr. Yaradouno. Their combined efforts promise to create a powerful force for healing and growing the kingdom of God in Guinea and it's surrounding countries. After some time serving at Hope Medical Center, he is open to whatever path God lays before him.

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### "Know Thyself," Proverbs, and Emotional Intelligence: Part IV: Situational Awareness

John Tarpley, MD Academic Dean

As the introduction to this four-part initiative which commenced with the July PAACS Bulletin stated, "Know Thyself"\* was the inscription on the Temple of Apollo at Delphi. Shayna Humphrey, M.Ed. states the first of five points of Emotional Intelligence is "Self-Awareness." The remaining four are: Self-Regulation, Motivation, Empathy, and Social Skills. Per Daniel Coleman, "Emotional Intelligence is the capacity for recognizing and managing our own feelings and reading other people's emotions and responding accordingly" (Goldman D, Working with Emotional Intelligence. Bantam Dell, 1998, New York). Jesus is our role model on nigh all fronts. How Jesus dealt with questions and challenges from the Pharisees, Sadducees, and self-declared experts on the Law serves as an example of how we should respond. This month's entry relates to Situational Awareness. "Don't let your critics set your agenda" applies as we know ourselves and are aware of the setting and surroundings. Kenny Rogers sang the lyrics of "The Gambler" by Don Schlitz relating to the card game poker: "You got to know when to hold 'em and know when to fold 'em, know when to walk away, know when to run" (The Gambler (song) - Wikipedia). Think "Situational Awareness." What is the setting? Who comprises your audience? Question: Name the one instance of Jesus performing a destructive miracle.<sup>1</sup> Who was his audience?<sup>2</sup>

A topic of the 17 October 2023 Faculty Meeting was entitled "Managing Conflict in a Christ-Like Manner." We are all going to experience conflict. Will we respond or react? Can we remove anger from our response and reply in a manner that edifies and builds up, rather than strikes back? Jesus did display righteous indignation at times, notably in the overturning of the tables in the Temple (Mark 11:15-18, Matt 21:12-13, John 2:13-17). There were also harsh responses on occasion as in Mark 8:33 when he addressed Peter as "Satan" and in his initial response to the Syrophoenician woman whose daughter had a demon (Mark 7:24-30, Matt 15:21-28). But Jesus's usual response to the Pharisees, Sadducees, and teachers of the law was to answer a question with a question as when the chief priests and elders queried him: "What right have you to do these things?" (Matt 21:23). Jesus responded "I will ask you one question... Where did John's right to baptize come from: was it from God or from man?" (Matt 21:24-25).

This month's unsolicited advice: respond not react. A "kneeflex rejerk" adds fuel to the confrontation rather than takes the vitriol and energy out of the encounter. My personal habit when dealing with a confrontative verbal assault is four-fold: slow down, take several deep breaths, recite the Jesus Prayer,<sup>3</sup> and allow for a period of silence to gather my response. As we conclude this series on Emotional Intelligence, seek to develop Situational Awareness.

- <sup>1</sup> The fig tree parable, Luke 13:6-9
- <sup>2</sup>The disciples
- <sup>3</sup> "Jesus, Son of God, have mercy on me, a sinner."



#### Click below to read Parts I - III of this series:

#### **UPDATE FROM HOSPITAL OF HOPE, TOGO**

Bryce Nattier, MD Program Director, Hospital of Hope

The surgical team at Hospital of Hope in Togo recently performed their first laparoscopic surgery for a ruptured ectopic pregnancy. We are excited to be the able to offer this service to the population here and pray it will be used to open doors to the gospel.



#### **CELEBRATING MARRIAGE IN GABON**



Congratulations to Dr. Asaph Elvam on his recent marriage! Dr. Elvam is a 5th year resident at Bongolo Hospital in Gabon.

#### **GALMI RESIDENT'S WEDDING CELEBRATION**

Congratulations to Galmi Resident Dr. Aime Mugisha on his recent marriage to his wife Dr. Irivuzimana Edvaline. They celebrated in Bujumbura, Burundi, surrounded by family, friends, and their church. Dr. Mugisha says, "We are grateful to our Lord God for allowing this event to take place in spite of the closed airspace of Niger a few days before our marriage. Now our prayer is to daily be God's hands and feet."





#### **INTERNATIONAL HUMANITARIAN SURGICAL SKILLS COURSE**

Registration is open for the International Humanitarian Surgical Skills Course presented by the Center of Innovation of Global Health at the Stanford University School of Medicine. The course will take place January 20-21, 2024, providing an overview of the scope of conditions that one might encounter in resource-limited environments. <u>Click here</u> to register.



PAN-AFRICAN ACADEMY OF CHRISTIAN SURGEONS

#### <u>GLOBAL DAY OF FASTING & PRAYER</u> <u>Monday, November 13, 2023</u>

Please join us on Monday, November 13th, for the PAACS Global Day of Fasting & Prayer to unite with the PAACS family as we seek God and petition His blessings.

Join the Zoom call of your choice as we seek the Lord's face on behalf of PAACS.

#### **PRAYER GATHERING #1:**

**REGISTER NOW** 

US and Canada: Monday, November 13 1:00 PM ET / 12:00 PM CT / 11:00 AM MT / 10:00 AM PT

Africa: Monday, November 13 9:00 PM EAT / 8:00 PM CAT / 7:00 PM WAT / 6:00 PM GMT

#### **PRAYER GATHERING #2:**

US and Canada: Monday, November 13 8:00 PM ET / 7:00 PM CT / 6:00 PM MT / 5:00 PM PT

Africa: Tuesday, November 14 4:00 am EAT / 3:00 am CAT / 2:00 am WAT / 1:00 am GMT

### PRAY

- Pray for God's favor over all PAACS training programs across Africa. Pray for the PAACS Programs in Gabon, Niger, and Togo specifically as the countries are under strain.
- May God sustain, protect, and provide His grace to all PAACS residents, faculty, graduates, and their families. Pray for their spiritual well-being.
- Thank God for travelling mercies for attendees of the PAACS Conference in Chicago and the Professional Development Conference in Kenya. Thank Him for meaningful times of learning, fellowship, and prayer time as we gathered together.
- Pray for God's wisdom and guidance for the Board of Directors, leadership, and administrative staff as they seek to faithfully lead the PAACS ministry.

Each month, we pray for residents by name. Please join us this month by covering these residents in prayer:

- Oscar Rotich
- Justus Lando
- Yonas Ademe Teferi
- Isaie Twahirwa
- Lijalem Taye Garba
- Emmanuel Wafula Wekesa
- Ivy Barasa
- Joseph Mburu
- Ndaro Daniel
- Fred Omondi Odongo
- Zipporah Muthoni Wachira
- Fridah Wambui
- Alemu Arja

## GIVE

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## **ARTICLES ON SURGERY**

Compiled by Margaret Tarpley

- <u>Religion and Spirituality: Tools for Better</u> <u>Wellbeing?</u>
- Effect of nasal high-flow oxygen humidification on patients after cardiac surgery.
- Financial Barriers to Surgical Conferences
- When theory meets reality- a mismatch in communication: a qualitative study of clinical transition from communication skills training to the surgical ward.
- <u>Damage control resuscitation in adult trauma</u> <u>patients: What you need to know.</u>
- <u>The mortality rate of patients with open</u> <u>abdomen and contributing factors – a three-year</u> <u>audit in a major academic trauma unit.</u>
- <u>Leveraging ChatGPT to Democratize and</u> <u>Decolonize Global Surgery: Large Language</u> <u>Models for Small Healthcare Budgets.</u>
- <u>The Best Stoma in an Emergency.</u>
- <u>Does gender affect experiences in the operating</u> room for surgeons and anesthesiologists at a large academic center?
- <u>Pulse oximetry to detect paediatric hypoxaemia</u> <u>—the fifth vital sign.</u>
- <u>Evaluation of the Emergency Obstetric and</u> <u>Newborn Care training in Gondar, Ethiopia; a</u> <u>mixed methods study.</u>

Read more articles compiled by Margaret Tarpley by <u>clicking here!</u>

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